



Food supplement with vegetable DHA, Folic Acid, Sucrosomial® Iron, Vitamins and Minerals

30 CAPSULES - NET WEIGHT 32,1g e

Sideral® MOM is a food supplement based on vitamins and minerals with vegetable DHA and Sucrosomial® Iron formulated specifically according to the LARN of the pregnant woman. Sideral® MOM provides an additional amount of nutrients that are particularly useful in this delicate period of a woman's life. Sideral® MOM is also useful as a nutrient supply during breastfeeding

Ingredients: DHA-rich oil derived from the microalgae *Schizochytrium sp.*; food gelatin; sunflower oil; Sideral® r.m. – Sucrosomial® iron (iron pyrophosphate, sucrose esters of fatty acids, sunflower lecithin, pregelatinized rice starch); resistance agent: glycerol; sunflower oil; Vitamin C (ascorbic acid); emulsifier: polyglycerol esters of fatty acids; Ultraiod® – Sucrosomial® Iodine (pregelatinized rice starch, sucrose esters of fatty acids, iodized sodium, sunflower lecithin); thickener: mono and diglycerides of fatty acids; Nicotinamide (Niacin); Ultrazinc® – Sucrosomal Zinc® (zinc oxide, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour); Ultrasel® – Sucrosomal Selenium® (selenium iodide, sucrose esters of fatty acids, pregelatinized rice starch, sunflower lecithin, tricalcium phosphate, rice flour); Vitamin E (D-alpha-tocopherol); beta-carotene; UltraD3® – Sucrosomial® Vitamin D3 (cholecalciferol, alpha-tocopherol, sodium ascorbate, silicon dioxide, sodium starch octenylsuccinate, medium-chain triglycerides, saccharic esters of fatty acids, pregelatinized rice starch, sunflower lecithin); copper gluconate; sodium monofluorophosphate; Vitamin B5 (calcium D-pantothenate); Vitamin B6 (pyridoxine hydrochloride); Vitamin B2 (riboflavin 5'-phosphate, sodium); colorants: iron oxides and hydroxides, carmine; Vitamin B1 (thiamine hydrochloride); Quatrefolic® (acid (6S)-5-methyltetrahydrofolic, glucosamine salt); Vitamin K1 (phyllloquinone); UltraB12® – Sucrosomal Vitamin B12® (cyanocobalamin, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour); Biotin (D-biotin).
Gluten Free and Lactose Free.

How to use: It is recommended to take 1 capsule a day.

Warnings and Storage: The expiry date refers to the product correctly stored in unopened packaging. Store in a cool, dry place, away from heat sources. Supplements are not intended as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of children under 3 years of age. Do not exceed the recommended daily dose.

MAIN INGREDIENTS

Sucrosomial® Iron: Iron is an essential mineral for the synthesis of hemoglobin. Its deficiency can cause anemia due to reduced production of red blood cells. During pregnancy the need for iron is significantly increased to allow the right supply of oxygen to the fetus. The iron pyrophosphate contained in Sideral® Mamma is treated with sucrosomal technology which allows it to pass through the gastric environment unscathed and be absorbed directly at the intestinal level without causing gastric discomfort or intestinal irritation.

OTHER COMPONENTS

VITAMIN

Group B vitamins: They promote energy metabolism. They are important for the correct functionality of the nervous system.

Folic Acid: Supplementary intake of folic acid increases maternal folate status. Low maternal folate status is a risk factor for the development of neural tube defects in the fetus. In association with vitamins B12 and B6, it contributes to normal homocysteine metabolism.

Vitamin B12: Contributes to the normal functioning of the nervous system, normal homocysteine metabolism, normal function of the immune system, reduction of tiredness and fatigue.

Vitamin B6: Contributes to the normal synthesis of cysteine, the normal metabolism of proteins and glycogen, the normal function of the immune system, the reduction of tiredness and fatigue and the regulation of hormonal activity.

Beta-carotene: Precursor of vitamin A which intervenes in the process of cell specialization.

Vitamin E: Contributes to the protection of cells from oxidative stress.

Vitamin C: Increases the absorption of iron, contributes to the normal formation of collagen and the normal function of the immune system and the protection of cells from oxidative stress.

Vitamin D3: Contributes to the normal absorption/use of calcium and phosphorus.

Vitamin K: Contributes to normal blood clotting and the maintenance of normal bones.

MICROELEMENTS

Selenium: Essential trace mineral, in synergy with Vitamin E it contributes to the protection of cells from oxidative stress.

Iodine: Contributes to normal thyroid hormone production and normal thyroid function.

Fluoride: Contributes to maintaining the mineralization of the teeth.

Zinc: Contributes to normal carbohydrate metabolism, contributes to normal function of the immune system, intervenes in the process of cell division, contributes to the normal bad DNA synthesis.

Copper: Contributes to the maintenance of normal connective tissues, contributes to the normal transport of iron in the body.

Sucrosomial® Iron and Sucrosoma® are a registered trademark.

Ultraiod® and Sucrosomial® Iodine are registered trademarks.

UltraD3® and Sucrosomial® Vitamin D3 are registered trademarks.

Sideral® r.m. is a patented ingredient based on Sucrosomial® Iron.

Contains:

 PHARMANUTRA

 Ultraiod®  SiderAL® r.m.  UltraD3®

Produced and packaged in the production facility based in
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