



Food supplement with Sucrosomial® Iron, Vitamin C and B Group Vitamins

20 SACHETS - NET WEIGHT 70g 

Sideral® Bimbi is a food supplement with Sucrosomial® Iron (Sideral® r.m.), vitamin C and Group B vitamins, helpful in cases of dietary deficiencies or increased requirements for said nutrients. Iron is useful for the correct cognitive development of children. Children over 6 years of age generally have a higher demand for said nutrients; hence, in such cases it might be necessary to increase the dose of the supplement, as recommended by the paediatrician. The iron (Sideral® r.m.), contained in Sideral® Bimbi, coated with Sucrosomial® technology, passes the gastric environment intact to be directly absorbed in the intestine, thus avoiding any gastric disorder.

Iron is a mineral present in high levels in the blood, and it is found in every living cell. It is the principal component of haemoglobin in the red blood cells, playing an essential role in the body, namely that of principal carrier of oxygen to all cells in the body. Iron is also present in respiratory enzymes and in myoglobin, the protein that conveys and provides oxygen to muscle cells.

Sideral® Bimbi is an innovative source of iron with high bioavailability iron. This new patented sucrosomial® technology (Sideral® r.m.) prevents the side effects commonly associated with taking conventional iron, such as heartburn, intestinal irritations and change in colour of the mucous membranes. Sideral® Bimbi can therefore be useful in cases in which an iron supplement is needed for a long period of time. Children, throughout their entire developmental phase, have increased requirements for many nutrients, including iron.

In fact, iron also plays a role in various key enzymes involved in energy production. The presence of vitamin C helps to increase the absorption of iron.

The B group vitamins (B12 and B6) present in Sideral® Bimbi also contribute significantly to the erythropoiesis process (production of red blood cells). B group vitamins (B12 and B6) also play an essential role in energy metabolism and in the function of the nervous system.

Mean Contents	Per sachet	%NRVs
Iron	9 mg	64,29%
Vitamin C	36 mg	45%
Folic Acid	130 mcg	65%
Vitamin B12	1 mcg	40%
Vitamin B6	0,9 mg	64,29%

%NRVs: Nutrient Reference Values

Ingredients: fructose, maltodextrin, flavour, Sideral® r.m.- Sucrosomial® Iron (iron pyrophosphate, pregelatinised rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), Vitamin C (L-ascorbic acid), anticaking agent: silicon dioxide, Vitamin B6 (pyridoxine hydrochloride), Vitamin B12 (cyanocobalamin, citric acid, maltodextrin, trisodium citrate), Folic Acid (pteroylmonoglutamic acid). **Gluten free.**

Directions: Take one sachet per day, dissolved in half a glass of water (75ml). Sideral® Bimbi can be taken at any time of day.

Warnings and Storage: Keep out of the reach of children under three years of age. Do not exceed the stated daily dose. Food supplements are not intended as a substitute for a varied, balanced diet and healthy lifestyle. Store in a cool, dry place (not above 25°C), away from localised sources of heat and sunlight. The expiry date refers to when the product is properly stored, in intact packaging.

Packaging: 20 sachets
Net Weight: 70 g

Sucrosomial® Iron is a registered trademark.
Sucrosome® is a registered trademark.
Sideral® is a registered trademark
Sideral® r.m. is a patented ingredient based on Sucrosomial® Iron.

 PHARMANUTRA

Produced and packaged in the production facility based in
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