



**Food supplement with Sucrosomial® Iron,  
Vitamin C and group B Vitamins**

**20 CAPSULES - NET WEIGHT 12,8g** 

CardioSideral® is a food supplement based on Sideral® r.m.-Sucrosomial® Iron, vitamin C and group B vitamins.

**Indications:** CardioSideral® is a food supplement with vitamin C, group B vitamins, useful in case of dietary deficiencies or an increased demand for said nutrients. Iron contributes to normal formation of red blood cells and haemoglobin. Iron contributes to normal oxygen transport in the body. Iron contributes to normal energy-yielding metabolism and to the normal function of the immune system. Iron contributes to normal cognitive function. Folate, Vitamins B6 and B12 contribute to normal blood formation, normal homocysteine metabolism and to the reduction of tiredness and fatigue. Vitamin C contributes to the reduction of tiredness and fatigue, to the protection of cells from oxidative stress and to the normal function of the immune system.

**Ingredients:** Sideral® r.m.- Sucrosomial® Iron, (iron pyrophosphate, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin on rice flour carrier and tricalcium phosphate); bulking agent: microcrystalline cellulose; food-grade gelatin, vitamin C (L-ascorbic acid), anticaking agents: hydroxypropylmethylcellulose, vegetable magnesium stearate, silicon dioxide (nano); vitamin B6 (pyridoxine hydrochloride), vitamin B12 (cyanocobalamin, maltodextrin), colouring agents: red iron oxide, titanium dioxide; folate (pteroylmonoglutamic acid). **Gluten free.**

Sideral® r.m. iron coated with Sucrosomial® technology passes the gastric environment intact to be directly absorbed in the intestine, thus avoiding any gastric disorder.

**Warnings:** Store at room temperature (do not exceed 25°C); avoid exposure to localized heat sources, direct sunlight and contact with water. The expiry date refers to the product unopened and properly stored. Keep out of the reach of children under 3 years of age. Do not exceed the recommended daily dose. Food supplements must not be considered a substitute for a varied, balanced diet and healthy lifestyle.

Mean Contents	Per 100 g	Per 1 cps	%NRVs
Iron	4,69 g	30,00 mg	214%
Vitamin C	12,50 g	80,00 mg	100%
Vitamin B12	0,39 mg	2,50 mcg	100%
Vitamin B6	0,16 g	1,05 mg	75%
Folic Acid	23,44 mg	150,00 mcg	75%

%NRVs: Nutrient Reference Values Reg. 1169/2011

**Directions:** Take 1 capsule a day.

## FOOD SUPPLEMENT

Sucrosomial® Iron is a registered trademark.  
Sucrosome® is a registered trademark.  
Sideral® is a registered trademark  
Sideral® r.m. is a patented ingredient based on Sucrosomial® Iron.

 **PHARMANUTRA**

Produced and packaged in the production facility  
indicated by the letter in the batch number:  
[M] Nichelino (TO) - Via Mentana, 10 [V] Nichelino (TO) - Via Vernea, 129  
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